

YOUR GAME

TAKING YOU FROM TEE TO GREEN IN THE FEWEST STROKES POSSIBLE



Golf Magazine's TOP 100 TEACHERS

are the best of the best—people who have devoted their lives to the study of the game you love and who share that acquired knowledge with you each month on these pages. The Top 100 Teachers, *Golf Magazine* and you share a common goal: We all want you to shoot lower scores.

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HOW TO

Shape Shots With Your Grip

This story is for you if...

- You're not sure you're placing your hands correctly on the handle.
- You're looking for an easy way to shape shots off the tee and from the fairway.

Point your thumbs at the right time to hit it straight or to the left and right

Try This!

Grip your club with your left hand only and cock your wrist so that the shaft runs perpendicular to the ground. Now, imagine that the handle rests in the middle of a clock face, with the bottom of the grip running through 6 o'clock and the top through 12 o'clock. Adjust your left hand position until your thumb rests on the left-hand side of the grip, at the 1 o'clock position. Next, place your right hand on the grip. This time, adjust your hold so that the thumb on your right hand rests on the right side of the handle, at the 11 o'clock position. This sets your hands in a fundamentally correct, neutral position that allows you to control the position of the clubface without unduly rotating it open (potential slice) or closed (potential hook).

To hit it straight, turn your left wrist until you can only see two knuckles on your left hand.

To hit an easy fade, keep your left thumb at 1 o'clock and turn your left wrist counter-clockwise until you only see one knuckle.

To hit an easy draw, keep your left thumb at 1 o'clock and turn your left wrist clockwise until you see three knuckles.



Point your left thumb at 1 o'clock, and turn your wrist more to the right for draws and more to the left for fades.



Regardless of the type of shot you're trying to hit, make sure your right thumb points to 11 o'clock.

TOP 100 TEACHER

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