

YOUR GAME

TAKING YOU FROM TEE TO GREEN IN THE FEWEST STROKES POSSIBLE



Golf Magazine's TOP 100 TEACHERS

are the best of the best—people who have devoted their lives to the study of the game you love and who share that acquired knowledge with you each month on these pages.

The Top 100 Teachers,

Golf Magazine and you share a common goal:

We all want you to shoot lower scores.

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HOW TO

Nail Your Grip



The way your left hand naturally hangs...



...is the way you should place it on the handle.

All good shots start with the right kind of hold

This story is for you if...

- You're not sure if your grip is solid.
- You feel you have too much control of the clubface...
- ...or that it's controlling you.

Try This!

STAND up straight with your arms resting naturally at your sides. Don't try to do anything—just stand. Notice how your left hand hangs. Some players' hands hang with the left palm facing straight out (like mine, pictured here). Other players' hands hang with the left palm facing the target, with everyone else somewhere in between. The point is that everyone's hands hang differently, and **the grip that will work best for you is the one that doesn't disturb your natural hand position.**

Before taking your grip, let your left arm hang and then place your left hand on the handle without changing its position. Make sure you wrap your fingers around the handle, not your palm. Now you're in position to make your most natural athletic swing.

TOP 100 TEACHER

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